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A parent may write a physical education excuse for a student for up to two (2) days. A copy is retained by the teacher and the School Nurse. The School Nurse may also write a physical education excuse, for one (1) day only, if necessary.

A long term physical education excuse must be requested in writing from the student's physician, specifying the length of time your child is to be exempted. A copy is retained by the teacher and school nurse. A written note from the same doctor should be submitted for the student to resume full activities. Students are not permitted to take physical education with a cast or stitches.

Any child who is exempt from physical education for medical reasons is not permitted to participate in outdoor recess activities. There is a chance of re-injury in the school yard, thus prolonging the child's healing and recuperation period. Depending on your child's condition, weather permitting, your child may be permitted to sit outside. Arrangements for indoor activities in the library, guidance office or a supervised classroom will be made by the school nurse.

Any child who is exempt from physical education for medical reasons is not permitted to participate in school sponsored sports.